

Collaborative Education Series

On-Demand: The Pediatric ACL

CAT A Presentation

MaineGeneral YouTube

'On-Demand' Presentation

Audience: AT's, PT's, OT's,
other medical professionals
and students.

Date: On-Demand

Time: On-Demand

Tuition:
\$15.00

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CEU certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on BOC website

Search for P2258

Program Date: August 9, 2023
Release as On-Demand Date: August 16, 2023
Expiration Date: August 16, 2026

Presenters:

ON-DEMAND- **Rich Garini, ATC**

MaineGeneral Sports Medicine

- The rate of ACL tears continues to increase especially in younger athletes beginning at age 12 for girls and 14 for boys. Athletic trainers working with younger athletes may not be up to date with current treatment options as well as the long term risks and benefits of each. This program will review the factors that contribute to pediatric ACL injuries and discuss the risks and benefits of the various treatment option. We will also revisit injury prevention program to discuss recommendations and implementation.

-Athletic trainers who participate in this program will be able to identify athletes who may be at a higher risk of suffering an ACL injury and implement an appropriate injury prevention program. Participants will also be better equipped to discuss treatment options that may be utilized by their physician as well as the long term implications of various treatment options.

Objectives:

- Identify factors that can put a young athlete at a higher risk for suffering an ACL injury.
- Explain the risks and benefits of surgical vs conservative management of pediatric ACL injuries.
- Summarize the difference in surgical techniques for ACL reconstruction of patients with open growth plates.
- Describe the long term outlook after suffering an ACL injury at an early age.
- Recognize the need for and implementation of ACL injury prevention program.



To view all our BOC On-Demand Programs:

SCAN



For AT's, PT's, OT's EMT's, MA's

According to the education levels described by the PDC, the following continuing education course is considered to be **Advanced**.

Credits awarded:

CEU's awarded: 1.5 CAT A CEUs

MaineGeneral Medical Center (BOC AP#: P2258) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of (1.5) CAT A CEUs. ATs should claim only those hours actually spent in the educational program.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration or at the event. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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